



Don't use amniotic fluid index (AFI) to make a diagnosis of oligohydramnios after 28 weeks gestation

Amniotic fluid volume assessment can be done by using either single deepest pocket (SDP) or amniotic fluid index (AFI). A review comparing AFI and SDP has found that the use of AFI results in overdiagnosis of oligohydramnios, leading to unnecessary intervention which often contributes to increased morbidity without an improvement in perinatal outcome. Thus, SDP measurements were found to be a more appropriate method for assessment of amniotic fluid volume when oligohydramnios is suspected.

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